



Teacher Training & Parent Communication

Before starting the programme, please allow at least 3 weeks for preparation to include:

| Teacher Training |
|-------------------------------------------------------------------------------------------------------------------------------------|
| <p>Online Teacher Training Tool</p> <p>3 x after-school training sessions (30 minutes each)</p> |
| Parent Communication |
| <p>Parent Consultation Tool</p> <p>Parents' Session</p> <p>Online Parent Portal</p> |

On the following pages, you will find Programme Pathways for EYFS to Year 6.

Each pathway fits into a 5-6-week term.

Programme Pathway #1

2-year cycle over 1 term

Reception

Ten:Ten
Resources



| Week | Module and Unit | Session Title | Session Length (approx.) |
|------|------------------------|-------------------------------------------------------------|------------------------------------|
| 1 | EYFS, Module 1, Unit 1 | Story Sessions: Handmade With Love | 5 x 15-minute sessions over 5 days |
| 2 | EYFS, Module 1, Unit 2 | Session 1: I Am Me | 15 minutes |
| 3 | | Session 2: Heads, Shoulders, Knees and Toes | 15 minutes |
| 4 | | Session 3: Ready Teddy? | 15 minutes |
| 5 | EYFS, Module 1, Unit 3 | Session 1: I Like, You Like, We All Like! | 15 minutes |
| 6 | | Session 2: Good Feelings, Bad Feelings | 15 minutes |
| 7 | | HALF TERM | |
| 8 | EYFS, Module 1, Unit 4 | Session 1: Growing Up | 15 minutes |
| 9 | EYFS, Module 1, Unit 1 | Session 1: God is Love | 15 minutes |
| 10 | | Session 2: Loving God, Loving Others | 15 minutes |
| 11 | EYFS, Module 1, Unit 2 | Session 1: Me, You, Us | 15 minutes |

Programme Pathway #1

2-year cycle over 1 term

Year 1

Ten:Ten
Resources



| Week | Module and Unit | Session Title | Session Length (approx.) | |
|------|-----------------------|---------------------------------------------------------|-------------------------------------------|--|
| 1 | KS1, Module 1, Unit 1 | Story Sessions: Let the Children Come | 5 x 10-minute sessions over 5 days | |
| 2 | KS1, Module 2, Unit 1 | Session 1: God Loves You | 40 minutes | |
| 3 | KS1, Module 2, Unit 2 | Session 1: Special People | 30 minutes | |
| 4 | | Session 2: Treat Others Well... | 35 minutes | |
| 5 | | Session 3: ...And Say Sorry | 30 minutes | |
| 6 | KS1, Module 2, Unit 3 | Session 1: Being Safe | 35 minutes | |
| 6 | | Session 2: Good Secrets and Bad Secrets | 35 minutes | |
| | | HALF TERM | | |
| 7 | | Session 3: Physical Contact | 45 minutes (or 2 x 25 minutes) | |
| 8 | | Session 4: Harmful Substances | 30 minutes | |
| 9 | | Session 5: Can You Help Me? | 40 minutes (can be split into 2 sessions) | |
| 10 | KS1, Module 3, Unit 1 | Session 1: Three in One | 25 minutes | |
| 11 | | Session 2: Who Is My Neighbour? | 30 minutes | |
| 12 | KS1, Module 3, Unit 2 | Session 1: The Communities We Live In | 35 minutes | |

For each Unit, please allow 15 minutes at the start and 15 minutes at the end to complete the **Assessment Activities**.

Please allocate additional time for **guided prayers** and **song time**.

Suggestions for further follow-up activities and sessions are provided for each session.

Programme Pathway #1

2-year cycle over 1 term

YEAR 2

| Week | Module and Unit | Session Title | Session Length (approx.) |
|-----------|-----------------------|---------------------------------------------------------|------------------------------------|
| 1 | KS1, Module 1, Unit 1 | Story Sessions: Let the Children Come | 5 x 10-minute sessions over 5 days |
| 2 | KS1, Module 1, Unit 2 | Session 1: I am Unique | 30 minutes |
| 3 | | Session 2: Girls and Boys | 30-40 minutes |
| 4 | | Session 3 & 4: Clean & Healthy | 40 minutes (2 sessions) |
| 5 | KS1 Module 1, Unit 3 | Session 1: Feelings, Likes and Dislikes | 40 minutes |
| 6 | | Session 2: Feeling Inside Out | 30 minutes |
| HALF TERM | | | |
| 7 | | Session 3: Super Susie Gets Angry | 40 minutes |
| 8 | KS1 Module 1 Unit 4 | Session 1: The Cycle of Life | 30 minutes |
| 9 | KS1, Module 3, Unit 1 | Session 1: Three in One | 25 minutes |
| 10 | | Session 2: Who Is My Neighbour? | 30 minutes |
| 11 | KS1, Module 3, Unit 2 | Session 1: The Communities We Live In | 35 minutes |

For each Unit, please allow 15 minutes at the start and 15 minutes at the end to complete the **Assessment Activities**.

Please allocate additional time for **guided prayers** and **song time**.

Suggestions for further follow-up activities and sessions are provided for each session.

Programme Pathway #1

2-year cycle over 1 term

YEAR 3



| Week | Module and Unit | Session Title | Session Length (approx.) |
|------|-----------------------|-------------------------------------------------------|------------------------------------|
| 1 | LKS2 Module 1, Unit 1 | Session 1: Get Up! | 5 x 15-minute sessions over 5 days |
| 2 | | Session 2: The Sacraments | 45 minutes |
| 3 | LKS2 Module 2, Unit 1 | Story Sessions: Jesus, My Friend | 5 x 15-minute sessions over 5 days |
| 4 | LKS2 Module 2, Unit 2 | Session 1: Friends, Family and Others | 45 minutes |
| 5 | | Session 2: When Things Feel Bad | 45 minutes |
| 6 | LKS2 Module 2, Unit 3 | Session 1: Sharing Online | 45 minutes |
| | | HALF TERM | |
| 7 | | Session 2: Chatting Online | 45 minutes |
| 8 | | Session 3: Safe in My Body | 45 minutes |
| 9 | | Session 4: Drugs, Alcohol and Tobacco | 45 minutes |
| 10 | | Session 5: First Aid Heroes | 45 minutes |
| 11 | LKS2 Module 3, Unit 1 | Session 1: A Community of Love | 30 minutes |
| 11 | | Session 2: What is the Church? | 45 minutes |
| 12 | LKS2 Module 3, Unit 2 | Session 1: How Do I Love Others? | 50 minutes |

For each Unit, please allow 15 minutes at the start and 15 minutes at the end to complete the **Assessment Activities**.

Please allocate additional time for **guided prayers** and **song time**.

Suggestions for further follow-up activities and sessions are provided for each session.

Programme Pathway #1

2-year cycle over 1 term

YEAR 4**Ten:Ten**
Resources

| Week | Module and Unit | Session Title | Session Length (approx.) |
|-----------|-----------------------|---------------------------------------------------------|------------------------------------|
| 1 | LKS2 Module 1, Unit 1 | Session 1: Get Up! | 5 x 15-minute sessions over 5 days |
| 2 | LKS2 Module 1, Unit 2 | Session 1: We Don't Have To Be The Same | 45 minutes |
| 3 | | Session 2: Respecting Our Bodies | 45 minutes |
| 4 | | Session 3: What is Puberty? | 45 minutes |
| 5 | | Session 4: Changing Bodies | 45 minutes |
| 6 | | Session 5: Boy/Girl Discussion Groups | 45 minutes |
| HALF TERM | | | |
| 7 | LKS2 Module 1, Unit 3 | Session 1: What Am I Feeling? | 45 minutes |
| 7 | | Session 2: What Am I Looking At? | 45 minutes |
| 8 | | Session 3: I Am Thankful! | 45 minutes |
| 9 | LKS2 Module 1, Unit 4 | Session 1: Life Cycles | 45 minutes |
| 10 | LKS2 Module 3, Unit 1 | Session 1: A Community of Love | 30 minutes |
| 11 | | Session 2: What is the Church? | 45 minutes |
| 12 | LKS2 Module 3, Unit 2 | Session 1: How Do I Love Others? | 50 minutes |

For each Unit, please allow 15 minutes at the start and 15 minutes at the end to complete the **Assessment Activities**.

Please allocate additional time for **guided prayers** and **song time**.

Suggestions for further follow-up activities and sessions are provided for each session

| Week | Module and Unit | Session Title | Session Length (approx.) | |
|-----------|----------------------------------------------|---------------------------------------------------------|------------------------------------|--|
| 1 | UKS2 Module 1, Unit 1 | Story Sessions: Calming the Storm | 5 x 15-minute sessions over 5 days | |
| 2 | UKS2 Module 2, Unit 1 | Session 1: Is God Calling You? | 45-60 minutes | |
| 3 | UKS2 Module 2, Unit 2 | Session 1: Under Pressure | 45-60 minutes | |
| 3 | | Session 2: Do You Want a Piece of Cake? | 45-60 minutes | |
| 4 | | Session 3: Self-Talk | 45-60 minutes | |
| 5 | UKS2 Module 2, Unit 3 | Session 1: Sharing Isn't Always Caring | 45-60 minutes | |
| 6 | | Session 2: Cyberbullying | 45-60 minutes | |
| HALF TERM | | | | |
| 7 | | Session 3: Types of Abuse | 45-60 minutes | |
| 8 | | Session 4: Impacted Lifestyles | 45-60 minutes | |
| 9 | | Session 5: Making Good Choices | 45-60 minutes | |
| 10 | Session 6: Giving Assistance | 45-60 minutes | | |
| 11 | UKS2 Module 3, Unit 1 | Session 1: The Trinity | 45-60 minutes | |
| 11 | | Session 2: Catholic Social Teaching | 45-60 minutes | |
| 12 | UKS2 Module 3, Unit 2 | Session 1: Reaching Out | 45-60 minutes | |

For each Unit, please allow 15 minutes at the start and 15 minutes at the end to complete the **Assessment Activities**.

Please allocate additional time for **guided prayers** and **song time**.

Suggestions for further follow-up activities and sessions are provided for each session.

Programme Pathway #1

2-year cycle over 1 term

YEAR 6

Ten:Ten
Resources



| Week | Module and Unit | Session Title | Session Length (approx.) |
|------|-----------------------|-----------------------------------------------------------------------------------------------------------------------------------|------------------------------------|
| 1 | UKS2 Module 1, Unit 1 | Story Sessions: Calming the Storm | 5 x 15-minute sessions over 5 days |
| 2 | UKS2 Module 1, Unit 2 | Session 1: Gifts and Talents | 45-60 minutes |
| 3 | | Session 2: Girls' Bodies | 45-60 minutes |
| 3 | | Session 3: Boys' Bodies | 45-60 minutes |
| 4 | | Session 4: Spots and Sleep | 45-60 minutes |
| 4 | UKS2 Module 1, Unit 3 | Session 1: Body Image | 45-60 minutes |
| 5 | | Session 2: Funny Feelings | 45-60 minutes |
| 6 | | Session 3: Emotional Changes | 45-60 minutes |
| | | HALF TERM | |
| 7 | | Session 4: Seeing Stuff Online | 45-60 minutes |
| 8 | UKS2 Module 1, Unit 4 | Session 1: Making Babies (Part 1) | 45-60 minutes |
| 8 | | Session 2: Making Babies (Part 2) <small>May be omitted or may be set as a homework task with parents.</small> | 45-60 minutes |
| 9 | | Session 3: Menstruation | 45-60 minutes |
| 10 | UKS2 Module 3, Unit 1 | Session 1: The Trinity | 45-60 minutes |
| 11 | | Session 2: Catholic Social Teaching | 45-60 minutes |
| 12 | UKS2 Module 3, Unit 2 | Session 1: Reaching Out | 45-60 minutes |

For each Unit, please allow 15 minutes at the start and 15 minutes at the end to complete the **Assessment Activities**.

Please allocate additional time for **guided prayers** and **song time**.

Suggestions for further follow-up activities and sessions are provided for each session.